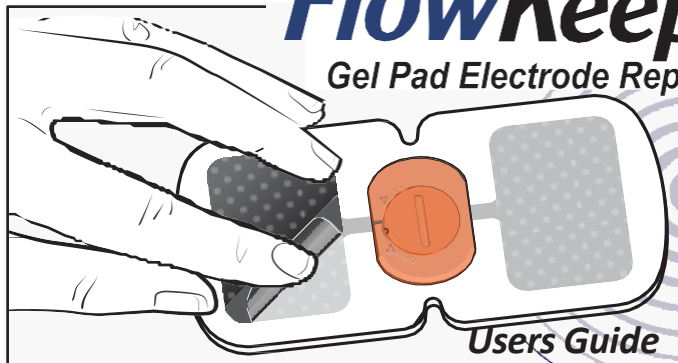


# FlowKeepers®

## Gel Pad Electrode Replacements



### Gel Pad Description & Use

This package contains 8 Gel pad (C) replacement electrodes for your FlowKeepers® device. This instruction guide will explain how to use and store them when not in use.

Each hypo-allergenic electrode Gel Pad replacement (C) is designed to keep the FlowKeepers® device attached to your leg so it can deliver an electric pulse. They are sticky and are designed to be used 10 times.

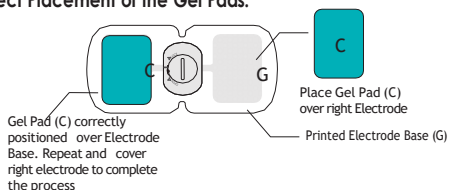
Each Flowkeeper® unit should be worn on each leg on the calf muscle behind the shin. Flowkeepers® can be worn under loose pants and are meant to be applied directly to your skin.

#### Gel Pad Use & Placement:

- 1) Turn your Flowkeeper® device (A) on, then turn it over so the bottom side faces upwards.
- 2) Remove the number of Gel Pads that you need from one of the envelopes. The Gel Pads are packaged two to a poly bag.
- 3) To apply the Gel Pads (C) peel the blue cover off each Gel Pad and attach firmly to each electrode base (G), matching the shape of the printed grey electrode as seen below.

### Gel Pad Placement (Cont.)

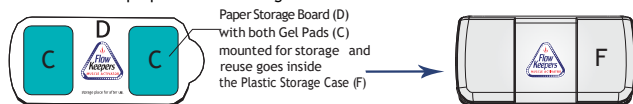
#### Correct Placement of the Gel Pads:



- 4) Then remove the clear film facing out from the Gel Pad (C) after it is attached to the Flowkeeper®.
- 5) Attach your Flowkeeper® (A) to your calf muscle behind the shin so that the wings of the device stick horizontally to the widest part of the calf. When placed correctly the (+) button on the Flowkeeper® device will be on top of the (-) button. For right-handed users place the Flowkeeper® (A) on your left calf first, then place the other unit on your left calf. if you are left-handed reverse this order so you place the device on your right calf first.

## Gel Pad Usage & Storage Tips

- 1) **NOTE:** after each use, place both Flowkeeper® units (A) with the attached Gel Pads (C) bottom side down on the Paper Storage Board (D) with the Flowkeeper® devices attached inside Plastic Storage Case (F) until the next use of the device, see below. Note, that the Gel Pads (C) can be re-applied to skin more than 10 times with proper use and storage.



- 2) The Gel Pads (C) included inside this box and with your original Flowkeepers® purchase can be used repeatedly. Frequent use with excessive skin debris will affect the Gel Pad's output. If this occurs replace these Gel Pads with new one's from this box.
- 3) If both Gel Pads (C) do not have a good contact with your skin the LED flashes green and beeps continuously until contact is restored. If this occurs, re-adhere the Gel Pads firmly to your skin. You can try placing them in a slightly different location nearby for better adhesion. If the Gel Pads are still not adhering to your skin, remove them by peeling them of your Flowkeepers® device and rolling them into a ball so they can be disposed of. You can then replace them with the new Gel Pads as described above.
- 4) Your Gel Pads are made from Silicone with an added layer of sticky adhesive. Be careful not to strike or tear them when in use. If you have a visible tear, replace it with a new one to ensure that the Gel Pads will deliver and conduct the electrical impulses from your device.
- 5) Your Flowkeepers® device and Gel Pads should be stored at a temperature between -10°C (50F) and +60°C (140F), with a relative humidity ranging from 10 to 85%. Always store your device in the Plastic Storage Case (F) in a well-ventilated room. Prohibit direct exposure to sunlight and do not store near or with toxic, harmful or corrosive substances. Your extra Gel Pads should be stored in their poly bag in the Plastic Storage Case or in the box they came in with the same restrictions on temperature and humidity as listed above.
- 6) Warning: **this device cannot be immersed in water!** Always maintain a clean seal and housing.
- 7) **The device is not suitable for children and is only intended for adults (individuals of 18 years or older).**



- Krenerb, LLC  
Hockessin, DE 19707, USA

- Designed and developed in USA  
Made in China

- [www.FlowKeepers.com](http://www.FlowKeepers.com).  
1-302-388-5016

- **To be used only with Flowkeepers® product EP-201**

Gel Pad Dimensions:  
40mm width x 57mm length x 1mm thickness

US Patents:  
5,643,331; 6,002,965; 6,432,240

**Flowkeepers® is a registered TM of Krenerb, LLC**